PARKINSON'S^{UK} CHANGE ATTITUDES. FIND A CURE. JOIN US.

OUR NEWS

Scottish Borders Branch

April 2017

www.bordersparkys.org.uk

"AN AWARENESS WEEK SPECIAL" <u>Saturday</u> Awareness Week for us kicked off on Saturday 8th April for the Borders

on Saturday 8th April for the Borders Branch with an information table and collection at Tesco's in Galashiels, and what a day we had, Gary supported by David Brydon, Helen Byers and her sister Anne, never stopped all day.

In saying that Anne managed to fit in a walk up Gala Hill, then a visit to Auld Gala House as well as helping us out with enquiries from the public.

Mr. Brydon has been entered into the Guinness Book of Records for the most stand-ups in a 6-hour period!! (a stand-up is where a person goes from a seating position to a standing position then back to sitting down), as people saw our table as they came down the escalator, then saw Dave who had just sat-down, then

Hello Dave, how ye bin? Stand-up Bye Dave sit-doon Oh, hi Dave stand-up

Mr Brydon managed an amazing 1,415 stand-ups in 6 hours!!!! At the end oa a busy day it was time to tally up the collecting tins and the total donated on Saturday was $\pounds 384$ amazing.

AN AWARENESS WEEK TO REMEMBER

<u>Sunday</u>

A new one for the group having an information table on the Sabbath, Gary was joined by Tony Taylor for a bit oa Sunday, an by now we were getting the hang of the walkalator!!

It does move quite slowly and Gary sussed out if you make eye contact with someone as they come down the walkalator, the guilt takes over and as they near the bottom the guilt takes hold and they find it hard to walk on by!!

Terribly cheeky I know, but it works!!

At the end of the day the counting of the tins revealed a staggering £262!! So, the total for Tesco came to a fantastic £646 not bad for 8 hours work and a superb start to Awareness Week a big Thank You to our volunteers and Tesco, also a big Thank You goes to the customers for making our 2 days there a success.



Written By Gary Hattie

BORDERS PARKY'S WHAT'S ON GUIDE

DIARY DATES

Monday 24th April – 2pm - 4pm Chaplaincy Monday Meeting, Chaplaincy Centre, BGH

PARKY BRAIN OA THE BORDERS CUP QUIZ HOW WELL DO YOU KNOW THE BORDERS?

<u>Wednesday 26th April</u> –2pm - 4pm Hawick Cuppa Ana Chat, Frank Scott Court, Hawick

<u>**Tuesday 9th May</u> – 6.30pm - 8pm** Young Parky Buddies Meeting, Wetherspoons, Galashiels</u>

<u>Thursday 18th May</u> – 10am - 12pm Peebles Cuppa Ana Chat, Community Centre, Peebles

<u>Friday 26th May</u> – 1pm - 3pm Newcastleton Cuppa Ana Chat, Health Centre, Newcastleton

<u>Monday 29th May</u> – 2pm - 4pm Chaplaincy Monday Meeting, Chaplaincy Centre, BGH

> SINGING WITH PARKINSONS WITH WENDY TAYLOR

<u>Wednesday 31st May</u> –2pm - 4pm Hawick Cuppa Ana Chat, Frank Scott Court, Hawick

NORMAL NEWSLETTER SHALL RETURN NEXT MONTH.

COMING UP...

Monday (the day of the I.T. blips!!)

the BGH, courtesy of Margaret Shiell and Jennifer Brown, who had baked for Britain!!! Also on sale we had a selection of goods from Walkerburn Craft Club! During the morning members of the group had dropped in with some hame baking for the table, in the morning Margaret and Jennifer were joined by Co and John from Peebles till 1, oor Gary had to depart just before half eleven to check on ticket sales for Saturdays big Gary found Jennifer at the table alone, the back shift hadnae turned up, or was it an I.T. blip from oor Gary, me and the rest of the Borders Branch put their money on it being another one of Gary's by now legendary I.T. blips!!!

Thankfully, Jennifer stayed on till the end of the day. Thankfully for Onto the Monday and the 10th April saw us setting up a table in Gary. While Jennifer an Gary were having a blether about Tuesday Gary suddenly checked his diary to find out who was joining him on Tuesday for the day, then realised he was babysitting Olly an Jack all day!!! A job he does every Tuesday and Thursday but he had forgot he was doin' it.

He and Jennifer were trying to think of a way around this when the emergency 24 hour 'Gary's made another deliberate mistake concert, his parting words to Jennifer were there's folk here at 1 helpline rang!!!' We are very grateful that Margaret Sheill and Billy pm Jennifer an ah'll be back 2'ish. On arriving back at the BGH, Duff were going to join Jennifer, Gina Allan, Malcolm Slorence at various times of the day (phew!!) When it came to totalling up the takings for the day, the sale of hame baking totalled a stupendous £204!! That's a lot of hame baking by the way!! A tremendous amount of hard work had been put in the day so thank you to all.

Tuesday

Day two of the hame baking table some donations oa hame baking got handed in on the morning, then Elizabeth from Kelso arrived with baking from herself and also, we think from everyone in the street, this alongside other goods on sale helped bring the total of takings taken for the day £186!! The total for both days came to £390, to all who donated goods or gave up their time to help out, a big Thank You, and to all patients and staff of the BGH a big Thank You for helping us achieve such an awesome amount. As Joanna Lumley would say £390 for 2 days at the BGH is "absolutely fabulous!!"

Saturday (the next one)

This was the day of the big Scocha fund-raising concert, ticket sales had really gone great with the Sold-Out sign having' to be put up before Saturday. The public poured into the Volunteer Halls in Galloping Shiels buying Raffle tickets by the dozen as they entered, for the first prize, which was a 3-foot-tall chocolate bunny!!

By 7.30 the Volunteer Halls were bursting at the seams, and extra tables and chairs were being put up.



Scocha didn't disappoint, an everyone who brought their dancing shoes made guid use oa them. At the interval, we found out the 3-foot-tall chocolate bunny had been won by George Douglas oa Selkirk. George then came up wi the idea of auctioning off the bunny, the bunny sold for £70 and was purchased by the table from Liliesleaf (Leaf Crew). Who then invited Gary to join a couple from the Leaf Crew, Lesley and Gerry Graham on Sunday at the BGH as they were going to present this 3ft bunny, now christened Jive to the children's ward 'Noah's Ark' They also gave a cash donation to the ward from the Leaf Crew!! Absolutely Magic!!

Saturday night was a huge success, and cash is still being totalled as we went to print so watch this space. But this Charity Concert didnae just happen, a tremendous amount of hard work went on behind the scenes not only on the night but prior to the 15th. So, we would like to say a muckle big Thank You to Oor Nurse and Fund Raising Specialist Jill Anderson and her family an friends, David Chapman of Scocha, Niki's Bar in Gala, and everyone else who helped in any way even if only bought or sold a ticket, thank you to you all !! All in all, one of the most successful 'Awareness Weeks' the Borders Branch has had.....

How do you follow that???

MORE INFORMATION

We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

For more information, contact Gary Hattie T 01750 22588, (07906527682)

E garyhattie1@gmail.com

jeffilbr@sky.com to recieve you newsletter by email.

Free* confidential helpline 0808 800 0303.

Monday to Friday 9am-8pm, Saturday 10am-2pm. Interpreting available. Text phone 0800 111 4204.

*calls are free from UK landlines and most mobile networks.

Visit us online at parkinsons.org.uk Drop us a line at

hello@parkinsons.org.uk

Parkinson's UK is the operating name of the Parkinson's Disease Society of the United Kingdom. A company limited by guarantee. Registered in England and Wales (00948776). Registered office: 215 Vauxhall Bridge Road, London, SW1V 1EJ. A charity registered in England and Wales (258197) and in Scotland (SC037554). © Parkinson's UK, January 2010