

OUR NEWS

Scottish Borders Branch

www.bordersparkys.org.uk

February 2017

Written By

Gary Hattie

MANY APOLOGIES FOR LATENESS OA THIS NEWSLETTER

Hi there and welcome to your late February newsletter, we wid like to thank everyone attending last month's AGM. At the BGH, it was pretty near a full hoose, it is really encouraging to see you all supporting the group by attending. We have loads a things planned for this year.

Ah wis gonnae say inside this newsletter you will find, but just remembered that it's just an A4 sheet so there isnae an inside. On this newsletter that still doesnae sound right does it, this month read about 'awareness week' plans, annual outing options, an so much more, so read on and enjoy yer late February newsletter!!

MONDAY MEETING

As was said thanks to everyone who attended last month's AGM, it was so encouraging to get your support in all that we are doing. This month's meeting will be on Monday 27th February 2-4 in the chaplaincy centre. This month we will be joined by magic bob who will do a relaxation and mindfulness session for us all. If you've not been before come along and join us, you'll be in furra treat.

We will also have Aileen Balfour along doing head massages for those who fancy it, add to that hopefully all being well Jill Anderson will be joining us, an as if that wasnae enough you can get a cuppa a biscuit an a chat. What more could you ask for?

So, join us if you can on Monday 27th February 2-4 in the chaplaincy centre. Just to let you know we have booked Wendy Taylor for the meeting on Monday 29th May. Some of you may remember Wendy from previous meetings, Wendy does singing with parky. It is a well enjoyable day so mark that in your diaries.

SELKIRK EX STANDARD BEARERS

Every year the Ex Standard Bearers hold a charity ride out in September, to raise funds for local causes. This year Gary received an invite to attend their presentation night, Gary was joined by local legend Billy Duff on the night, and we received a cheque for the branch.

Just a foot note to this article, on the night the Ex Standard Bearers also presented cheques to Cancer UK Borders, Down Syndrome Borders, Selkirk Xmas Lights Association, Selkirk Hammermen, Selkirk Pipe Band, Macmillan Borders, along with oorsels!

I never realised the amount of local causes that benefited from the charity ride out. Also, attending the evening was a young lady who introduced herself to Gary. After hearing from Gary about our yearly panto trip, she told me she works for the Kings Theatre and organises the pantomime each year!! She was chuffed tae bits to hear how much our group enjoyed the event!! 'oh yes she did!'

It's a small world indeed!

BORDERS PARKY'S WHAT'S ON GUIDE

DIARY DATES

Wednesday 22nd February – 2pm - 4pm
Hawick Cuppa Ana Chat,
Wetherspoons, Hawick

Monday 27th February – 2pm - 4pm
Chaplaincy Monday Meeting,
Relaxation with Magic Bob,
Chaplaincy Centre, BGH

Tuesday 14th March – 6.30pm – 8pm
Young Parky Buddies Meeting,
Wetherspoons, Galashiels

Wednesday 15th March – 2pm - 4pm
Committee Meeting

Thursday 16th March – 10am - 12pm
Peebles Cuppa Ana Chat,
Community Centre, Peebles

Friday 24th March – 1pm - 3pm
Newcastleon Cuppa Ana Chat,
Health Centre, Newcastleon

Monday 27th March – 2pm - 4pm
Chaplaincy Monday Meeting,
Tanith Muller, Parliamentary
Campaigns Manager, Chaplaincy
Centre, BGH

COMING UP...

DONATIONS RECEIVED

We would like to thank the following for donations received for the Parky UK Borders Branch.

Family of The Late Iain Campbell, Cardrona

Family of Late Ms Ella Parkinson, Kelso

Selkirk Ex Standard Bearers, Selkirk

David And Jennifer Wilkie, Leadburn

Thank You All Very Much for Your Donations

'Phantom Salmon Room Sweet Toothed Dessert Slurper!'

Following last month's newsletter, we have received this photofit of the 'Phantom Salmon Room Sweet Toothed Dessert Slurper!' from creamstoppers. The quality isnae great but do you recognise the 'Phantom Salmon Room Sweet Toothed Dessert Slurper!'



If you recognise this fella call creamstoppers now

APOLOGIES TO HAWICK

In last month's newsletter, we had all our meeting dates for the year for all our groups in the Borders but he forgot to mention Hawick. Thanks to out info officer Helen Byers this was not a deliberate mistake but a blip on the system! See how many blips on the system you can find in this month's newsletter!!! Cheers Helen!

HAWICK GROUP

The meetings for the year are nOw available, they were available last month but due to a blip on the system weren't included in the January newsletter!

The dates for Hawick meeting are;

29th March,
26th April,
31st May,
28th June,
27th September,
25th October
29th November.

Please note that the meetings have moved back to **Wetherspoons, Hawick** and will run from 2pm – 4pm.

Everyone is welcome to attend.

AWARENESS WEEK

This year awareness week runs from 10th April to the 15th April. Unfortunately, we couldn't get our first dates entered to have an information table at Tesco's, but we did get our second set of dates we put in so events for awareness week are

Saturday 8th April – Information and Collecting Tins Tesco, Galashiels, 10am – 4pm

Sunday 9th April – Information and Collecting Tins Tesco, Galashiels, 10am – 4pm

Monday 10th April – Sale of Hame Baking, BGH, Melrose, 10am – 4pm

Tuesday 11th April – Sale of Hame Baking, BGH, Melrose, 10am – 4pm

Saturday 15th April – SCOCHA FUND RAISING CONCERT FOR BORDERS BRANCH, 7.30 - Late Volunteer Hall Galashiels, tickets £15 available from guess what channel street Galashiels, Colin Turnbull Cobblers High Street Selkirk, Wilson Signs Hawick And Border Events.Com.. You may also get tickets at any of our meetings, should be a right teesh night.

MORE INFORMATION

We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

For more information, contact Gary Hattie

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Free* confidential helpline **0808 800 0303.**

Monday to Friday 9am–8pm, Saturday 10am–2pm. Interpreting available. Text phone 0800 111 4204.

*calls are free from UK landlines and most mobile networks.

Visit us online at parkinsons.org.uk

Drop us a line at

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