

# OUR NEWS

**Scottish Borders Branch**

[www.bordersparkys.org.uk](http://www.bordersparkys.org.uk)

**May 2017**

**Written By  
Gary Hattie**

## STOP PRESS- STOP PRESS- STOP PRESS 2016 SUMMER OUTING 'ROYAL

### SLIGHTLY QUIETER TIMES

Well after this years 'Awareness Week' ah think a few oa us have taken a slight break and went furra lie down furra week or twa! Hopefully to get some energy back for their own local festivals, ridings, etc....

Well the Scocha gig brought the curtain down on what was for us a very successful awareness week not only from a financial point of view but from an awareness side. The Tesco's information table was rather successful as a lot of folk now ken there are others in the Borders with parky, after the cake sale in the BGH a lot oa folk are aware that, oor members here in the Borders are damn guid bakers!! and after the Scocha concert and the publicity the gig generated as to the existence of the local Branch has been fenom finoma phern ..... brilliant!!

The success of the whole week was not down to one or two people but a squad of people, too many to mention, who worked together as one helluva team!! Yup it was a great advert for teamwork.... so, thank you to you all, as I said too many to mention but you all ken who you are. Well hopefully this newsletter isnae as late as the usual one which am sure Jennifer and Mary Brown in Innerleithen are pleased at! You see that Gary bloke has managed to get it written well in advance of the monthly meeting..... Giving our editorial, mailing, printing, stamping an posting team more than the usual one hour to get the job done .....

Gary does say, 'he's trying!'

Jennifer and Mary say, 'Aye! Very trying!!'

It is with a heavy heart I have to bring our newsletter readers some sad news, you will read in this month's edition, that is the 'Three Amigos' got beat!! Aye absolutely gubbed!! Read all about it and find out who the new kids on the block are in this newsletter!!

Enjoy



## PRESS- STOP PRESS- STOP PRESS BOTANIC GARDENS DETAILS

### MAY MONDAY MEETING

This month's Monday meeting will be on the 29<sup>th</sup> May 2-4. This month we will welcome back Wendy Taylor and 'Singing with Parky'. If you haven't been to one of Wendy's meetings get yersel down to the Chaplaincy on Monday 29<sup>th</sup> May..... you'll not be disappointed! Wendy does vocal exercises tied in with some very motivational group singing, Wendy was last down about a year ago and is back due to demand!! Also at the meeting Eileen Balfour will be present with head massages and mindfulness, and also, we hope to see Jill oor Parky Nurse Specialist work load allowing. Tea and coffee will be had as will bikkys, and some blethering too! So dinnae miss out get along to the Chaplaincy Centre at the BGH 2-4 Monday 29<sup>th</sup> May.

### NEWCASTLETON NEWS

Rob Dunn from Newcastleton recently completed a sponsored Zip Slide recently along with his family, they think that the family zip event has raised over £1000! A big well done is heading your way Rob. Rob is pictured below with daughter Anne and son Nick his granddaughter Hannah and Peter and Anne Hardy.



The next Newcastleton meeting will be on Friday 26<sup>th</sup> May 1.30 – 3.30. We think Rob deserves an extra cuppa come the meeting. Dinnae ken whit'll be in it tho.....!!

## BORDERS PARKY'S WHAT'S ON GUIDE

### DIARY DATES

#### **Thursday 18<sup>th</sup> May – 10am - 12pm**

Peebles Cuppa Ana Chat, Community Centre, Peebles

#### **Friday 26<sup>th</sup> May – 1pm - 3pm**

Newcastleton Cuppa Ana Chat, Health Centre, Newcastleton

#### **Monday 29<sup>th</sup> May – 2pm - 4pm**

Chaplaincy Monday Meeting, Chaplaincy Centre, BGH

#### SINGING WITH PARKINSONS WITH WENDY TAYLOR

#### **Wednesday 31<sup>st</sup> May – 2pm - 4pm**

Hawick Cuppa Ana Chat, Frank Scott Court, Hawick

#### **Tuesday 13<sup>th</sup> June – 6.30pm - 8pm**

Young Parky Buddies Meeting, Wetherspoons, Galashiels

#### **Thursday 15<sup>th</sup> June – 10am - 12pm**

Peebles Cuppa Ana Chat, Community Centre, Peebles

#### **Friday 16<sup>th</sup> June – 1pm - 3pm**

Newcastleton Cuppa Ana Chat, Health Centre, Newcastleton

#### **Monday 26<sup>th</sup> June**

#### SUMMER OUTING



#### **Wednesday 28<sup>th</sup> June – 2pm - 4pm**

Hawick Cuppa Ana Chat, Frank Scott Court, Hawick

# COMING UP...

## DONATIONS RECEIVED WITH THANKS

CLIVE BEWLEY FROM BONCHESTER BRIDGE  
JEAN ANDERSON FROM KELSO  
MABEL BELL FROM HUME  
ANNE WHITEHEAD FROM LEADBURN  
MRS C HEPBURN AND FAMILY FROM HAWICK

Can we just say a muckle big thank you from everyone involved with the branch for donations received from the above your support is very much appreciated.



## SCOOTER LOOKING FOR A GOOD HOME

A few years ago, the branch received a donation of a mobility scooter to the branch. This has found a home a coupla times and it is now looking for another home.

This is not a small scooter it won't fit into a boot, I stress it won't fit in yer boot, but is free to a guid hame. We will get it serviced and will organise delivery. Interested? Well get in touch with Gary by usual methods.



## GORDON MELROSE 'PARKY BRAIN OA THE BORDERS' CUP APRIL 2017

Well can I say, they came they saw they conquered!!! Yes, there was a lot of chat prior to the April Quiz as to how to topple the Three Amigos from the winner's rostrum if that's how ye spell it? LEGALLY! There were a few opting furra multi-toon team! The thinking behind it is, the April Quiz was photos from around the Borders, so the multi-toon approach might work. As it was it worked, the Melrose, Hawick an Gala team won the quiz!

Aye but only by a point ahead of the 'Three Amigos'. So yes, the April 2017 Quiz was a close call a very close call with only 4 points separating the top 4 teams, bit the team that claimed the 4<sup>th</sup> Gordon Melrose Cup quiz was 'Tony's Terrors' consisting of Tony Taylor, Scott Waldie and Jill Anderson, they can be seen below receiving the cup from Gordon Melrose, congratulations go to the winning team, and also congratulations to the 'Three Amigos', a crackin run of 3 in a row. Ah wondering how long 'Tony's Terrors' will be champions? Roll on October!



Well done 'Tony's Terrors'

## ANNUAL OUTING MONDAY 26<sup>TH</sup> JUNE

This year's outing will take place on Monday 26<sup>th</sup> June and we will head for Royal Botanic Gardens in Edinburgh. We have a lunch of soup and sandwiches booked for our arrival at noon and a guided tour of the gardens booked for 1.30 departing for home about 3 ish, pick up points and times are:

Coop Innerleithen-10.00  
Fountain Galashiels-10.30  
St.Boswells Bus Station- 11.00

To book a space please get in touch with Gary on 07906 527 682 or email [garyhattie1@gmail.com](mailto:garyhattie1@gmail.com) or you can catch Gary at one of the meetings.  
**DON'T BE DISAPPOINTED DON'T DELAY  
BOOK YER SEAT TODAY!!**

### AND FINALLY, SCOCHA UPDATE

We have finished counting up all the money generated by scocha's charity concert for the branch and look to have raised in the region of £2500, aye around £2500!!! This is well above what was expected, we would like to send a final big thank you to all involved with this event. Absolutely fantastic.

*Chappie says, 'great result but it still takes a lot o effort frae awbody for gigs tae be successful!! Glad, it worked oot weel and chuffed oov been able tae help a worthy caused.'*

*Scotty says, 'what a fantastic night and result! Ayeways happy to help oot in any way oo can for sic a worthy cause.'*

One final big thank you SCOCHA is Hawick bound, 1, 2, 3.



## MORE INFORMATION

**We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.**

**For more information, contact Gary Hattie  
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**E [garyhattie1@gmail.com](mailto:garyhattie1@gmail.com)  
[jeffilbr@sky.com](mailto:jeffilbr@sky.com) to recieve you newsletter by email.**

**Free\* confidential helpline 0808 800 0303.**

Monday to Friday 9am–8pm, Saturday 10am–2pm. Interpreting available. Text phone 0800 111 4204.

\*calls are free from UK landlines and most mobile networks.

Visit us online at [parkinsons.org.uk](http://parkinsons.org.uk)  
Drop us a line at

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