

OUR NEWS

Scottish Borders Branch

www.bordersparkys.org.uk

April 2018

**Written By
Gary Hattie**

HEATWAVE!!

Well it's oa-fish-al, the sun is out the sky is bl..... black! An it's raining again it's never far away?

So, it's been a busy wee month, so April has, what with the hame knitted cake sale, all oor meetings, and add to that a rather successful last-minute coffee morning courtesy off the Trinity Kirk in Hawick. As we speak that Hattie fella is getting the questions ready fur the 'Parky Brain oa the Borders Quiz' which will be played for at this month's meeting in the Chaplaincy Centre.

Well yer newsletter would like to apologise for the size of the letters in last month's newsletter as it was a wee bitty small. The apology comes from Gary as he got carried away when writing some of the articles, so to fit all the articles in the newsletter the font to give it its technical term, had to be rather small.

With that in mind am gonnae shut up and let you read yer monthly newsletter wi' oot the aid oa yer 'sherlock homes' magnifying glass!! Enjoy!!

This months meeting in the chaplaincy is on Monday 30th April, 2-4 , an it's quiz time!

Teams will be competing for the Gordon Melrose Cup, this will be oor Quiz on the Borders can anyone, please, knock the three amigos from their winning streak, (i bloomin well hope so), it was this time last year that Tony's Terrors knocked them off their top spot, who can do it this year.

Just a wee minder that mays meeting on Monday 28th May, we will be joined by Denise From Fitborders who is gonnae get us intae shape after eating all those eggs at easter! Also Eileen will be heed massaging, and clinics permitting we will be joined by Jill Anderson oor nurse specialist.

HAWICK COFFEE MORNING

Well a big Thank You is sent to the Jill an Christy and ladies an gents of Trinity Parish Church in Hawick. Due to a last-minute cancelation, a date for a coffee morning was available which Jill accepted on our behalf. The kirk then like a well-oiled machine got into action. Home baking, waitressing, sales people an the kitchen staff, all pulling together to have a Coffee morning on our behalf. Tree-mend-ous!!

The end result, an amazing figure of £355.55 what can I say, well a Muckle Big Thank You you would nae go amiss. **THANK YOU!!**

P.S. Sometimes you struggle for words to say what you want to say or put into words what you want to put, over the last 18 years I have seen so many examples of people's generosity and hard work raising funds for our support group, the Parkinson's UK charity, and research into Parkinson's. I know what I want to say, I just hope everyone concerned over the years ken whit am wantin' tae say!! As sometimes a Thank You doesn't seem to do it justice, but Thank You is all I can say.

THANK YOU!!

BERWICK EXERCISE CLASS

We have been told that an exercise class has started in Berwick. This is held in the Swan Centre, the class is being held every Thursdsay 10.30-11.30. If you are interested give Kevin a phone on 07875028299 for more details.

BORDERS PARKY'S WHAT'S ON GUIDE

DIARY DATES

Monday 30th April - 2pm - 4pm

Chaplaincy Monday Meeting,
Chaplaincy Centre, BGH

PARKY BRAIN OA THE BORDERS, (BORDERS PHOTO QUIZ),
HEAD MASSAGE EILEEN BALFOUR, JILL ANDERSON WILL BE
JOINING US CLINICS PERMITTING. CUPPA AND BISCUITS ANA
CHAT

Tuesday 8th May - 6.30pm - 8pm

Young Parky Buddies Meeting,
Wetherspoons, Galashiels

Wednesday 9th May - 2pm - 4pm

Kelso Cuppa Ana Chat, Seminar Room,
Kelso Hospital. Kelso.

Thursday 17th May - 10am - 12pm

Peebles Cuppa Ana Chat, Community
Centre, Peebles

Saturday 19th May - TBC

Table Top Sale, Innerleithen Parish
Church.

Monday 21st May - 1pm - 3pm

Langholm Cuppa Ana Chat, Thomas
Pope Hospital, Langholm

Monday 28th May - 2pm - 4pm

Chaplaincy Monday Meeting,
Chaplaincy Centre, BGH

GET INTO SHAPE WITH A SESSION FROM DENISE FROM 'FIT
BORDERS,' ALSO EILEEN WITH HEAD MASSAGES, TEAS AN
COFFEES, JILL ANDERSON WILL COME ALONG CLINICS
ALLOWING.

Wednesday 30th May - 2pm - 4pm

Hawick Cuppa Ana Chat, Frank Scott
Court, Hawick

Monday 25th June

Annual Outing to Born in The Borders
Full Details TBC

COMING UP...

DONATIONS RECEIVED WITH THANKS

We would like to send a great big **THANK YOU!!** To the following for donations received to the group,
 JAN KENNEDY FROM GALASHIELS
 WENDY SHEILL FROM SELKIRK
 MAUREEN POLE FROM HAWICK, FROM RETIRING COLLECTION FOR THE LATE GLADYS POLE
 SANDRA SPIERS FROM BERWICK-UPON-TWEED, FROM RETIRING COLLECTION TAKEN AT FUNERAL FOR THE LATE BETTY AND IAN FRIZZEL
 HOWARD NECKEL FROM SAN FRANCISCO FRIENDS OF THE LATE BETTY AND IAN FRIZZEL

CAKE SALE AT THE BGH

On Tuesday 10th April the group held its annual hame knitted baking sale. Gary arrived sharp and early for once, it was noted that Margaret Shiell was missing from the table this year but she will be back at the next one, but not missing were Jennifer and Elizabeth, Elizabeth arriving from Kelso (on her birthday) wi' a lorry load of hame baking from all in her street, and Jennifer with boxes o' goods baked by members o' the Walkerburn Crafts. Thanks to everyone who gave up their time to bake, or came along to work on the table, or both. Thank You!
 How did we do? Well with everyone's help and donations we managed to raise a fantastic £365.13!! Absolutely fantastic!! 'Roll on' next year sorry maybe it should be 'bake on' ha-ha.

SUNNY SIDE UP AT THE CHAPLANCEY

Well it was a packed chaplaincy last month as we had o' design an egg competition. Who'd be a judge? Glad it wasnae me! Thankfully Jill stepped in to judge the entries for this competition. As you can see from the entry below from co frae Peebles, standards were very high.

FIRST PRIZE WENT TO MARGARET FRAE SELKIRK FOR THIS ENTRY TITLED 'THE FULL MONTY'!



SECOND PLACE WENT TO JAN FRAE GALASHIELS WITH HER EGGS BELOW



AND IN THIRD PLACE WE HAD JIM FRAE KELSO



Thank you to all who entered unfortunately there could only be one winner maybe next year it could be you!! Spare a thought for the winner of o' booby prize. This went to ros frae lilliesleaf, who never even brought an egg!! Well not to this meeting anyway!! No Ros brought hers a month early to the last meeting. Congratulations Ros.

2018 OUTING

This year we are going to head for something closer to home, in fact right on our doorstep. We are going to go to born in the borders just outside Jedburgh, there are walks, distillery, brewery, and a shop.

We hope to arrive there 11.30 ish with soup, sandwiches, cake an teas and coffees booked for twelve, then spend a coupla hours doing your own thing, coach heading home 3 ish.

To book a seat get in touch with Gary at meetings or you could call or text Gary 07906 527682 or email him on garyhattie1@gmail.com

Yup it is right on o' doorstep i know, but i never even kent it was there. Dinnae delay book yer seat today. Pick up points for bus pebbles, gala and st boswells, times tbc all costs are covered for o' annual outing.



MORE INFORMATION

We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

For more information, contact Gary Hattie
 T 01750 22588, (07906527682)

E garyhattie1@gmail.com
jeffilbr@sky.com to receive your newsletter by email.

Free* confidential helpline **0800 800 0303**.

Monday to Friday 9am–8pm, Saturday 10am–2pm. Interpreting available. Text phone 0800 111 4204.

*calls are free from UK landlines and most mobile networks.

Visit us online at parkinsons.org.uk
 Drop us a line at

hello@parkinsons.org.uk

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