

OUR NEWS

Scottish Borders Branch

www.bordersparkys.org.uk

January 2018

Written By
Gary Hattie

JANUARY 2018 NEWSLETTER AN A HAPPY NEW YEAR TO YOU TOO!!

Well that's us back in action, and doesn't the festive season seem so far away, ages ago in fact, hard to believe 4 weeks ago we were getting prepared for Christmas. Well here at the Borders Office we dinnae look back, we only look forward, and in this Newsletter, we are looking forward to 2018. Can I just say as we enter 2018 it doesnae seem like I've been writing newsletters for 17 years!! Some guid an some no say guid, some funny some no so funny, I say this as am thinking maybe this is gonnae be wan oa those no so funny newsletters! I just thought I'd give you advanced warning, in case yer disappointed.

In this month's Borders Newsletter, catch up wi the Pantomime trip, the Christmas Lunch, up an coming meetings, also read about the new Cuppa ana Chat meeting in Kelso!! Also read about activities that have been going on.

So please fasten yer seatbelts, extinguish yer cigarettes, an sit back relax as we have lift off wi' oor first newsletter for 2018.



Guess who won the Christmas Hamper?

MONDAY MEETING

The first Monday meeting of the year will be held on Monday 29th January In The Chaplaincy Centre at Borders General Hospital. as is customary at our first meeting of the year we will be holding our AGM, come along to find out our plans for 2018, Also Eileen Balfour will be doing Mindfulness and Head Massages, Jill Oor Parky Nurse will be along, Clinics Permitting, also coffee/tea will be available and a wee biscuit. Also coming along for the first time will be Claire Wilson, Parky UK's New Local Advisor for Our Area. If you have not been to a meeting before then get yersel down to The Chaplaincy Centre At BGH, the meetings are very informal, and it gives you the chance to meet and chat with others who understand.

PANTOMIME 2017

Well did everyone have a guid time or what, oh yes we did', this annual trip to the panto at the Kings in Edinburgh just gets better and better! We were lucky to have Mag Quillietti from the Greggs Foundation come along and see for herself what the money we received from Greggs Bakers is spent on. I know she loved seeing the good this trip does to everyone. Yes as is customary a few of us got a right guid soaking at the panto. It was with a wee bit of uncertainty we headed up to the Juniper Lee for fish and chips, as it had been closed for ages and was under new management, awe nae mair Mrs. Happy! Would the new management be as cheerful we neednae have worried, as our new hosts were spot on an the customary fish and chips was fab!! Roll on December so we can go to this year's panto of Beauty and the Beast.

BORDERS PARKY'S WHAT'S ON GUIDE

DIARY DATES

Thursday 18th January – 10am - 12pm
Peebles Cuppa Ana Chat, Community Centre, Peebles

Monday 29th January – 2pm - 4pm
Chaplaincy Monday Meeting,
Chaplaincy Centre, BGH

Wednesday 31st January – 2pm - 4pm
Hawick Cuppa Ana Chat, Frank Scott Court, Hawick

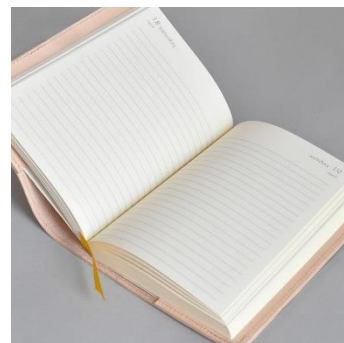
Tuesday 13th February – 6.30pm - 8pm
Young Parky Buddies Meeting,
Wetherspoons, Galashiels

Wednesday 14th February – 2pm - 4pm
Kelso Cuppa Ana Chat, Seminar Room,
Kelso Hospital. Kelso.

Thursday 15th February – 10am - 12pm
Peebles Cuppa Ana Chat, Community Centre, Peebles

Monday 26th February – 2pm - 4pm
Chaplaincy Monday Meeting,
Chaplaincy Centre, BGH

Wednesday 28th February – 2pm - 4pm
Hawick Cuppa Ana Chat, Frank Scott Court, Hawick



COMING UP...

CREAMSTOPPERS

It is with a heavy pen I have to type to ask you all for assistance. As it appears the 'Phantom Salmon Room Sweet Toothed Dessert Slurper!' has returned for the second year running. From the video footage taken from the CCTV in the Bloo Coo which unfortunately isn't too clear, it appears the 'Phantom Salmon Room Sweet Toothed Dessert Slurper!' has had a female accomplice this year assisting the 'Phantom Salmon Room Sweet Toothed Dessert Slurper!' to get not one but TWO ice creams!!!! Anyone who witnessed the 'Phantom Salmon Room Sweet Toothed Dessert Slurper!' in action are asked to call Creamstoppers on the usual number!!



Crafts4U WALKERBURN CRAFT GROUP

We would like to say an enormous thank you to Crafts4U The 'Walkerburn Craft Group', in Walkerburn (surprise surprise Gary!) for organising another Raffle with half the money raised going to our Parky Group. This is the 2nd year and this year we received a donation of £160 towards our funds. Many thanks go to them from all concerned with the group here in the Scottish Borders.



'2017 CHRISTMAS LUNCH

Well in December all roads led to the Bloo Coo, in St. Boswells for our annual Christmas Lunch. We would like to thank all those who came along and helped make this event the success it was and has become. Was I the only one who ducked to avoid low flying parsnips and sprouts scooting through the air? As people started trying to cut the veg!!! But that aside I think all those attending enjoyed the day.

A big Thank You to you all for bringing donations for the raffle, the First Prize Hamper was won by Nikki and Niki's Bar fame, congratulations to her. Many thanks to Mal from Hawick for donating a painting of Billy Connolly which was put up for auction on the day and fetched £62. Also, thanks Jennifer for donating another beautiful hand stitched wall hanging. Yes, there were prizes galore to be had from the raffle. Raising an absolutely, fantastically, enormously huge £422!!! Thanks go to you all making that raffle such a success.

Just a wee ditty, when we saw the cartoon sketch of the Big Yin, someone suggested we should auction it as it might make more money for the raffle.

So, Gary went over to Billy Duff and asked him if it would be ok to put the picture up for auction, Billy said it would be fine.

Gary said just wanted to check with you seeing as you donated it.

Billy said 'Gary, it wasnae me that donated it!!!

Oops!!

CUPPA ANA CHAT MEETINGS

Unfortunately, we have to announce the end of the Newcastleton meetings. Can we just say a big thank you to Anne and Peter Hardy, who ran the meetings down there for us. Anne also organised 2 very successful coffee mornings in the village. Alan Robertson is trying to see if it will be possible to start a Cuppa ana Chat meeting in Langholm, we'll keep you posted on this.

As one door closes another one opens, in the form of a new Cuppa ana Chat Group in Kelso!! Yup KELSO we're coming to get you!! We are holding the Kelso meetings in the Seminar Room in Kelso Hospital these will run from 2-4. On the 2nd Wednesday of each month the first one being on Wednesday 14th February. Everyone is welcome to attend, these meetings will give those in the area the chance of a blether, over a cuppa. We have been trying to get these meetings up and running in Kelso for quite some time now, hopefully this will be well attended as we have a lot of people in Kelso and the surrounding area.

We would just like to say a big Thank You to Jill our Parky Nurse for her help in finding and booking a venue for these meetings. To reiterate, reiterate, reiterate, to tell you again the first Kelso Cuppa ana Chat will be on Wednesday 14th February 2-4 Seminar Room Kelso Hospital. (Reiterate – ED)

MORE INFORMATION

We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

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*calls are free from UK landlines and most mobile networks.

Visit us online at parkinsons.org.uk
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