

# OUR NEWS

Scottish Borders Branch

[www.bordersparkys.org.uk](http://www.bordersparkys.org.uk)

November 2018

Written By  
Gary Hattie

THIS NEWSLETTER IS YOUR OFFICIAL INVITE TO OUR CHRISTMAS PARTY!



AYE YOU READ RIGHT THIS YEAR WE ARE HAVING A CHRISTMAS PARTY!

DATE: TUESDAY 11<sup>TH</sup> DECEMBER 2018

VENUE: FOCUS CENTRE, GALASHIELS

TIME: 1.00 – 3.30

COST: ABSOLUTEY FREE, NO CHARGE

PARTY GAMES, CHRISTMAS SING-ALONG-A-SONGA, CHRISTMAS RAFFLE, AND MUCH MORE.

YOU WILL BE SERVED SOUP, SANDWICHES (HOPEFULLY TURKEY!) AND PUDDIN'/DESSERTS



WHERE IS THE FOCUS CENTRE?

LOCATED IN GALASHIELS, NEXT TO SWIMMING POOL...FOLLOW SIGNS FOR SWIMMING POOL ... OR IF YOU DRIVE ALONG BANK STREET AND TAKE THE LEFT AT THE END OF THE GARDENS, 'BANK STREET BRAE.' STRAIGHT UP THE HILL, GO ACROSS SCOTT STREET AND FOCUS CENTRE IS ON YOUR RIGHT.

AMPLE CAR PARKING AVAILABLE.

R.S.V.P., ASAP.! WE NEED TO KNOW NUMBERS AND ANY DIETRY NEEDS. SO, IF YOU WILL BE ATTENDING THIS YEARS CHRISTMAS PARTY PLEASE LET GARY KNOW BY CALLING HIM ON 01750 22588 OR CALL/TEXT 07906 527 682. EMAIL [garyhattie1@gmail.com](mailto:garyhattie1@gmail.com)

STEP INTAE CHRISTMAS AN LET US KNOW YOU WILL BE ATTENDING THE 2018 XMAS PARTY!!



WE WILL BE HAVING A DESIGN YOUR OWN CHRISTMAS BUNNET COMPETITION. THERE WILL BE A SPECIAL PRIZE FOR THE WINNER CHOSEN BY JILL ANDERSON. SO, GET CREATIVE!



## BORDERS PARKY'S WHAT'S ON GUIDE

### DIARY DATES

**Tuesday 13<sup>th</sup> November – 6.30pm - 8pm**

Young Parky Buddies Meeting,  
Wetherspoons, Galashiels

**Wednesday 14<sup>th</sup> November – 2pm - 4pm**

Kelso Cuppa Ana Chat, Kelso  
Community Centre, Abbey Row, Kelso

**Thursday 15<sup>th</sup> November – 10am - 12pm**

Peebles Cuppa Ana Chat, Community  
Centre, Peebles

**Monday 19<sup>th</sup> November – 1pm - 3pm**

Langholm Cuppa Ana Chat, Thomas  
Pope Hospital, Langholm

**Tuesday 20<sup>th</sup> November – 9 am - 4pm**

Crafts4U will be at the BGH with the annual Christmas Quilt being raffled for the group. Raffle tickets are available from Jenni and Gary. (If he remembers them.) Raffle will be drawn at Switched on Sunday, Innerleithen, 9 December 2018.

**Monday 26<sup>th</sup> November – 2pm - 4pm**

Chaplaincy Monday Meeting,  
Chaplaincy Centre, BGH

TALK FROM NICHOLAS WALKER, POLICE SCOTLAND ALSO,  
HEAD MASSAGES WITH AILEEN, JILL ANDERSON WILL BE  
THERE CLINICS ALLOWING, TEA AN COFFEE, AN PLENTY OA  
CHAT.

**Wednesday 5 December –**

Pantomime Kings Theatre, Edinburgh,  
'Beauty And The Beast,' Seats Still  
Available Contact Gary.

**Tuesday 11<sup>th</sup> December – 1pm - 3.30 pm**

2018 Christmas Party, Focus Centre  
Galashiels. 1-3.30

Party Games, Christmas Singing, Lunch Provided, Christmas Raffle

Due To Christmas All Meetings Are  
Suspended For Month Of December

# COMING UP...

# DONATION RECEIVED

CAN WE JUST SAY THANK TO GORDON MELROSE AND FAMILY  
FOR THEIR DONATION RECEIVED IN MEMORY OF THE LATE  
MRS. DOREEN MELROSE



**MERRY CHRISTMAS!**



**AS IT IS SUCH A BUSY TIME OF YEAR THIS WILL BE THE  
LAST NEWSLETTER OF 2018, CAN WE ALL WISH YOU A  
VERY MERRY CHRISTMAS AND HAPPY NEW YEAR.**

**SEE YOU IN 2019!!**



**GORDON MELROSE PARKY  
BRAIN OF THE BORDERS  
CUP OCTOBER 2018**

Well what a crowd we had in the Chaplaincy centre for the October quiz, it was tremendous to see so many new faces coming along for the first time, we do hope you come back again and we didnae scare you off!! I'm sure we all remember going into our first meeting and what a big step that was, also if you hadn't been at a meeting for a while, to come back again! We hope you enjoyed seeing us again as much as we enjoyed seeing you

This month's meeting will be held on Monday 26<sup>th</sup> November from 2-4. This month we will be joined by Nicholas Walker from Police Scotland who is going to do a talk on personal safety. He is bringing a couple of people with him one from Trading Standards and the other from the Royal Bank Of Scotland. So, come along and hear what they have to say.

Also, we hope to have Jill Anderson, (clinics allowing), Aileen Balfour will be doing head massages, and we will have tea/coffee an biscuits and a chance furra blether. So, if you haven't been before we'd love to see you there.

Last month we held the quiz to find Octobers Parky Brain Of The Borders. In what was a closely fought quiz the winners were 'THE AMIGOS.' congratulations to them, John, Margaret and Alan..... They are seen in the pic receiving the cup from Jim Drover. So, remember to come along to hear what Police Scotland have to say Monday 26th November in the Chaplaincy centre 2-4.

# BEAUTY AND THE BEAST

For those who have booked to go to the panto on Wednesday 5th December transport details are as follows....

## Eastgate Car Park Peebles-9.30

## Fountain Galashiels-10.05

Bus Station St. Boswells-10.45

## Then Up To Juniper Lea For Fish And Chips Lunch

Then On To The Panto Which Kicks  
Off At 2.00

We still have 5 seats left if you wish to join us there is no charge just give Gary a call at the usual numbers.

The clocks ticking!  
Oh no it isnae!  
Oh, aye it is!



Margaret appears to be the only amigo who is happy (I wonder why that is?)

## MORE INFORMATION

**We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.**

**For more information, contact Gary Hattie**  
T 01750 22588, (07906527682)

E [garyhattie1@gmail.com](mailto:garyhattie1@gmail.com)  
[jeffilbr@sky.com](mailto:jeffilbr@sky.com) to recieve you  
 newsletter by email.

Free\* confidential helpline **0808 800 0303.**

Monday to Friday 9am–8pm, Saturday 10am–2pm. Interpreting available. Text phone 0800 111 4204.

\*calls are free from UK landlines and most mobile networks.

Visit us online at **[parkinsons.org.uk](http://parkinsons.org.uk)**  
Drop us a line at

**hello@parkinsons.org.uk**

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