## PARKINSON'S UK CHANGE ATTITUDES. FIND A CURE. JOIN US.

# OUR NEWS

### **Scottish Borders Branch**

www.bordersparkys.org.uk

September 2018

Written By Gary Hattie

## HI THERE EVERYONE WE'RE BACK!!

Well has it been a summer to remember or what! The Electric Light Orchestra singing Mr. Blue Sky seems to have been a tune that sums up this year's summer!! Whit dae ye mean who's the Electric Light Orchestra!?!? It's been fab to see the sun out, as well as food and drink in the fridge in the Hattie Hoose it has been well stocked up wi' Ambre Solaire!! We hope that whatever you got up to you hadda hoot! Ah ken it always seems like too long the summer break, even though we continued the meetings in the Chaplaincy. But it's September and yer September Newsletter is back wi a passion!!

This month read about how you can book a seat to this year's Xmas Panto, we reveal oor new venue for meetings in Kelso, and dates for yer diaries for up an coming meetings. We have a few newcomers to the newsletter, we hope you enjoy yer read. So, without further ado as they say ah'll be quiet hoping ye enjoy this month's Borders Parky Newsletter!!

### DONATIONS RECEIVED WITH THANKS

We would like to send a great big THANK YOU!! To the following for donations received to the group.

NIKI NIKIS BAR GALASHIELS FROM HER ONGOING FUND-RAISING FOR LOCAL CHARITIES

ALAN AND AILEEN HASTINGS RETIRING COLLECTION FROM FUNERAL OF THEIR LATE FATHER JOHN HASTINGS

## THE CHRISTMAS PANTO LINES ARE OPEN!

It gives us great pleasure to announce details of this year's Christmas panto at the Kings Theatre in Embra.

'OH NO IT DOESNAE!', 'OH AYE IT DOES!'

The date for the Panto will be Wednesday 5<sup>th</sup> of December, the panto this year is 'Beauty and the Beast.'



We have got 30 tickets booked so unfortunately seats are limited and are available on a first come first serve basis, and as is per usual once tickets have been booked we will have a list of people for any cancelations.

The whole day is free, we will travel by

coach, lunch will be fish an chips all round an all being well, served at the Juniper Lea before heading for the Panto, times will be confirmed nearer time, but we can tell you we will have pick-ups at Peebles, Galashiels and St. Boswells. You can book your seat by phoning 01750 22588 or 07906 527 682, or email to

garyhattie1@gmail.com, or you can text on 07906 527 682. So dinnae delay book yer ticket today, this is always a great enjoyable an fun day and a great way to get you in the mood for Christmas.

'OH NO IT ISNAE!', 'OH AYE IT IS!'

We look forward to hearing from you.

### BORDERS PARKY'S WHAT'S ON GUIDE

DIARY DATES

<u>Tuesday 11<sup>th</sup> September</u> – **6.30pm** - **8pm** Young Parky Buddies Meeting, Wetherspoons, Galashiels

Wednesday 12<sup>th</sup> September - 2pm - 4pm Kelso Cuppa Ana Chat, Kelso Community Centre, Abbey Row, Kelso

Monday 17<sup>th</sup> September – 1pm - 3pm Langholm Cuppa Ana Chat, Thomas Pope Hospital, Langholm

Thursday 20th September - 10am - 12pm Peebles Cuppa Ana Chat, Community Centre, Peebles

Monday 24<sup>th</sup> September – 2pm - 4pm Chaplaincy Monday Meeting, Chaplaincy Centre, BGH

RESTARTING THE MEETINGS WITH ANOTHER KEEP FIT SESSION WITH DENISE, HEAD MASSAGES WITH AILEEN, JILL ANDERSON WILL BE THERE CLINICS ALLOWING, TEA AN COFFEE, AN PLENTY OA CHAT.

Wednesday 26<sup>th</sup> September - 2pm - 4pm Hawick Cuppa Ana Chat, Frank Scott Court, Hawick

Tuesday 2<sup>nd</sup> October - 10am - 12pm Committee Meeting, Langlee Community Centre, Galashiels

Tuesday 9th October - 6.30pm - 8pm Young Parky Buddies Meeting, Wetherspoons, Galashiels

Wednesday 10<sup>th</sup> October – 2pm - 4pm Kelso Cuppa Ana Chat, Kelso Community Centre, Abbey Row, Kelso

\*FOR THOSE OF YOU WHO ARE NEW
TO THE GROUP THE BUDDIES MEETING
IS AIMED AT YOUNGER MEMBERS OF
THE GROUP WHO MEET UP FURRA
WEE BLETHER AND SOMETHING TO
EAT. ALL ARE WELCOME.

## COMING UP...

#### **KELSO CUPPA ANA CHAT**

Well at last we can inform you all that we have got new venue fur the Kelso Cuppa ana Chat meetings. We will be moving from our room at the Community Hospital.

To our new home in the easily accessible Community Centre in Abbey Row. The day and time remain unchanged, it will be held on the 2<sup>nd</sup> Wednesday of the month 2-4. Hope to see you all there.



## CONGRATS GO TAE JACKIE JOHNSTONE

In our last newsletter we wished Jackie Johnstone all the best at the Selkirk Common Riding as he was the Fleshers Standard Bearer this year. We hope he an Elizabeth had a guid day, as Jackie gave us a faultless casting. Below is a pic oa Jackie an Elizabeth at the final practice on the Tuesday night before the common riding.

### **SUMMER OUTING**

Well the sun shone for us this year on oor summer trip. Looking back in the archives I think it was the first time we hae eaten ootside on oor summer outing! It was a great day out an not too far away for all to travel, what a difference having such a short bus journey. The day was made even mair enjoyable when after lunch Niki frae Niki's bar in Galashiels presented the group with a cheque fur £300!! Absolutely fab many thanks Niki! It was gratefully received!! Below is a pic of Niki presenting Gary the cheque fur £300 at 'Born In The Borders!'



What a happy bunch eh!! It must be added that congratulations go to Margaret Shiel an Alan Robertson fur having a go on the grass sledging. You can see oor Grass Sledgers in action at the October meeting. An if anywan wants to ken whit kind oa soup we had on the day, Jim Drovers yer man!!

We will release the number fur jimmy dees souper soup helpline soon!!

## PEEBLES ANNNUAL SUMMER NOSH

Well we all hadda guid night at the Peebles Golf Club at the Peebles Annual Summer Meal, which is held every 12 months! This year's gig was well attended an well organised as always by john an co, many thanks goes to you both, on whit wis a braw sunny evening.

Well it started out that way! As on the way hame in the *Hatt Mobeel*, Gary swerved from side to side slalom style like, to avoid the forks oa lightning that followed the hugely noisy claps oa thunder!! We're pleased tae say it didnae dampen their evening tho'.



JUST TAE LET YE KEN GARY WASNAE DRIVING AT THE TIME THIS PIC WAS TAKEN!! THE ADVANTAGE OA HAVING DASH CAMS EH!!!

#### **COMMITTEE MEETING**

Just a reminder to all committee members (you ken who you are) our last committee meeting for 2018 will be held on Tuesday 2<sup>nd</sup> October in the Langlee Community Centre, Galashiels from 10-12. Hope to see you all there.

### **MORE INFORMATION**

We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

For more information, contact Gary Hattie

T 01750 22588. (07906527682)

E garyhattie1@gmail.com jeffilbr@sky.com to recieve you newsletter by email.

Free\* confidential helpline **0808 800 0303.** 

Monday to Friday 9am–8pm, Saturday 10am–2pm. Interpreting available. Text phone 0800 111 4204.

\*calls are free from UK landlines and most mobile networks.

Visit us online at **parkinsons.org.uk**Drop us a line at

hello@parkinsons.org.uk

Parkinson's UK is the operating name of the Parkinson's Disease Society of the United Kingdom. A company limited by guarantee. Registered in England and Wales (00948776). Registered office: 215 Vauxhall Bridge Road, London, SW1V 1EJ. A charity registered in England and Wales (258197) and in Scotland (SC037554).

© Parkinson's UK, January 2010