

# OUR NEWS

**Scottish Borders Branch**

[www.bordersparkys.org.uk](http://www.bordersparkys.org.uk)

**February 2019**

**Written By  
Gary Hattie**

## HELLO

Well hello again one and all, can I bid you welcome to yer very own Borders Newsletter! Well January arrived and our monthly meetings got up and running, the Chaplaincy was the venue for our 2019 A.G.M., an can we say a big Thank You to everyone who turned up for this meeting, we hope all who attended got a snip it of what we are hoping to get up to as a group in 2019.

We are still looking for a venue for our Summer Outing, so if you can think of somewhere local, we can go to for oor day oot please let one of the committee know.

Well, in your February Newsletter find out why the Peebles 'Cuppa ana Chat' group are inviting you to their February meeting, also find out who is coming to oor Chaplaincy meeting this month.

All that and more in yer February Newsletter, we hope you enjoy.

## DO YOU READ A LOT, AND KEEP LOSING YOUR PAGE?

If your answer is yes, then you need a super doper 'Borders Parky' Bookmark!! Not only will it keep yer page but on the reverse you will find dates to your chosen meetings! A must have for the person who has everything!!



If you would like one just ask Gary who'll have them in his bag, to many teatimes watching Blue Peter me thinks!!

## PEEBLES CUPPA ANA CHAT FEBRUARY

Peebles Cuppa ana Chat group have asked us to tell all our Newsletter readers about their February meeting to be held on Thursday 21<sup>st</sup> February. The Peebles gang have Scott Wilson from Biggar dropping in to see them. Scott is heavily involved in Young Parkinson's Network in Scotland, he also has had Deep Brain Stimulation and is popping along to chat to the group about it, also he is willing to do a Q & A as long as the questions aren't too difficult!!

Co McCall, (yup that's Co McCall spelt M-c-C-a-l-l, who is partner to John Mack sorry Young, yup that's John Young spelt Y-o-u-n-g), thought that if people heard about Scott dropping into Peebles, they might want to attend the meeting. If you fancy going along to the meeting and everyone is welcome, get in touch with Gary by the usual way, and he will pass the info on to Co, so as she kens how many extra Tunnocks Tea cakes she has to bake!! Just a reminder the meetings are held in the Peebles Community Centre, (old drill hall) EH45 8AU, the meetings start at 10 an finish at 12 noon.

'do not forsake me oh ma darlin'  
Do you get it? 12 noon,  
High Noon!!

Oh a' crack masel up sometimes!!

We thank Scott in advance for taking the time to pop along to talk to the gang.

## BORDERS PARKY'S WHAT'S ON GUIDE

### DIARY DATES

**Tuesday 12<sup>th</sup> February – 6.30pm - 8pm**

Young Parky Buddies Meeting,  
Wetherspoons, Galashiels  
(WE ARE USUALLY SEATED JUST ON THE RIGHT AS  
YOU GO IN THE DOOR)

**Wednesday 13<sup>th</sup> February – 2pm - 4pm**

Kelso Cuppa Ana Chat, Kelso  
Community Centre, Abbey Row, Kelso

**Monday 18<sup>th</sup> February – 1pm - 3pm**

Langholm Cuppa Ana Chat, Thomas  
Pope Hospital, Langholm

**Thursday 21<sup>st</sup> January – 10am - 12pm**

Peebles Cuppa Ana Chat, Community  
Centre, Peebles

**Monday 25<sup>th</sup> February – 2pm - 4pm**

Chaplaincy Monday Meeting,  
Chaplaincy Centre, BGH

**Wednesday 27<sup>th</sup> February – 2pm - 4pm**

Hawick Cuppa Ana Chat, Frank Scott  
Court, Hawick

**Tuesday 12<sup>th</sup> March – 6.30pm - 8pm**

Young Parky Buddies Meeting,  
Wetherspoons, Galashiels

**Wednesday 13<sup>th</sup> March – 2pm - 4pm**

Kelso Cuppa Ana Chat, Kelso  
Community Centre, Abbey Row, Kelso



# COMING UP...

**\*THANK YOU! THANK YOU! THANK YOU!**

**WE WOULD LIKE TO THANK THE FOLLOWING FOR DONATIONS TO THE GROUP**

**David and Jennifer Wilkie, Leadburn**

**Clive and Carole Bewley, Bonchester Bridge**

**Staff and Patients, Jedburgh Medical Practice**

**Jan Kennedy, Galashiels**

**TEACHER: GLENN, HOW DO YOU SPELL 'CROCODILE?'**

**GLENN: 'K-R-O-K-O-D-I-A-L'**

**TEACHER: NO, THAT'S WRONG**

**GLENN: MAYBE IT IS WRONG, BUT YOU ASKED HOW I SPELL IT.**

## CHAPLAINCY MEETING

As you might have read at the start of the newsletter, at the January meeting we held our AGM, it was well attended, and it was great to see some new faces return, we hope we haven't scared anyone, and you will return for future meetings.

This month's meeting will be on Monday 25<sup>th</sup> February 2-4. We will be welcoming Dougie Tait who is the Local Area Liaison Officer for Fire Scotland, he will be talking to us about safety in the home. He also might bring a couple of young firemen along with him!!

Also, at the meeting we will have Aileen giving head massages, and Jill Anderson will be in attendance, clinics permitting, also there will be teas and coffees available and maybe cakes? But definitely bikkys!

**P.S.** - Give yourself plenty of time at the BGH. Recently the car park at the BGH has been knocking everyone's stress levels sky high!! As they try to find a car park space. Just give yourself plenty of time. There is a prize for the first person who goes round the car park 20 times looking for a space, whatever happens please don't give up and head home, cause we want to see you!

## SO WHAT WAS GARY WEARING AT THE CHRISTMAS PARTY?

To cut a long story short, THE END HAAHAHAHA

Seriously though last year at the hame baking sale at the BGH, Jennifer was selling products made at the Walkerburn Craft Club (Crafts4U). Gary had always wanted and dreamed of owning his very own peg bag for years, and it just so happened Jennifer had 3 for sale.

After buying a peg bag, Gary pipes up what I'd really love to get is a peg bag that goes around your waist!! He added that he wouldn't mind modelling the proto-type on the catwalk if the craft club made one!! Which they did.

He gave it a test run at the xmas party and has been hinging out his washing rain or shine with his peg bag proudly on!! Ever since the party!!!

So, Gary would like to say thank you to the Walkerburn Craft Club!! And he wants to know if he can keep it!!



*(Yes of course he can keep it.)*

## MORE INFORMATION

**We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.**

**For more information, contact Gary Hattie**  
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Free\* confidential helpline **0800 800 0303**.

Monday to Friday 9am–8pm, Saturday 10am–2pm. Interpreting available. Text phone 0800 111 4204.

\*calls are free from UK landlines and most mobile networks.

Visit us online at [parkinsons.org.uk](http://parkinsons.org.uk)  
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