

# OUR NEWS

**Scottish Borders Branch**

[www.bordersparkys.org.uk](http://www.bordersparkys.org.uk)

**May 2019**

**Written By  
Gary Hattie**

## NEVER CAST A CLOUT TILL THE MONTH OA MAY IS OUT!!

Hi an welcome to this month's newsletter, hope you are all enjoying this warm, sunny weather we are being blessed with. Hopefully this is just a taster of the summer ahead for us all. Well guid summery news for everyone in this newsletter we have details of this year's summer trip.

Also find out who won the April quiz.

Also, also find out what one person in the Scottish Borders is going to do to raise money for Parky.

Also, also, also we have details of the first Carer's Group get together.

Also, also, also, also with all this sunny weather it must mean it's time for our summer diary, with details of meetings over the coming months.

Next month sees the last newsletter before the summer break. So, this means that for the 2<sup>nd</sup> last time before summer we say, 'Go get the kettle on then sit back an relax an enjoy yer May edition oa the newsletter!'

We hope you enjoy!!

## APRIL 'PARKY BRAIN OA THE BORDERS'

The cries of, 'That's no exactly easy!' 'How do you expect us tae ken that!' echoed around the Chaplaincy, at the April Monday meeting! Yup it was time for the photos from the Borders Quiz. Testing the knowledge of all things Scottish Borders, as Gary shares some photos of places Gary has visited in our lovely part oa the country.

It is a guid test oa people's knowledge, and it is proving mair difficult to get photos that I havenae already used. So, in what was a nail-biting quiz, as they say there can only be one winner. And it didn't even require a tie – break question! The winners of the April 2019 'Parky Brain oa the Borders Quiz went to the 'Twa Stoodgies' namely Jim Drover and his side-kick Billy Duff, they are seen below receiving the Gordon Melrose Cup.



Do this pair not look chuffed tae bits to win the cup? Well this could be you if you win the Quiz in October, when we go back to General Knowledge, TV and Movie, an Music Quiz.

But for now, let's just congratulate the 'Twa Stoodgies' on a job well done!!

## BORDERS PARKY'S WHAT'S ON GUIDE

### DIARY DATES

#### **Monday 20<sup>th</sup> May – 1pm - 3pm**

Langholm Cuppa Ana Chat, Thomas Pope Hospital, Langholm

#### **Monday 27<sup>th</sup> May – 2pm - 4pm**

Chaplaincy Monday Meeting, Chaplaincy Centre, BGH

#### **Wednesday 29<sup>th</sup> May – 2pm - 4pm**

Hawick Cuppa Ana Chat, Frank Scott Court, Hawick

#### **Wednesday 12<sup>th</sup> June – 2pm - 4pm**

Kelso Cuppa Ana Chat, Kelso Community Centre, Abbey Row, Kelso

#### **Monday 17<sup>th</sup> June – 1pm - 3pm**

Langholm Cuppa Ana Chat, Thomas Pope Hospital, Langholm

#### **Thursday 20<sup>th</sup> June – 10am - 12pm**

Peebles Cuppa Ana Chat, Community Centre, Peebles

#### **Monday 24<sup>th</sup> June**

Summer Trip to Eyemouth For Fish Tea at Lunchtime, Have You Got Your Seat Reserved Numbers Are Limited To 30

#### **Wednesday 26<sup>th</sup> June – 2pm - 4pm**

Hawick Cuppa Ana Chat, Frank Scott Court, Hawick

#### **Monday 29<sup>th</sup> July – 2pm - 4pm**

Summer Club Cuppa Ana Chat, Chaplaincy Centre, BGH

#### **Monday 26<sup>th</sup> August – 2pm - 4pm**

Summer Club Cuppa Ana Chat, Chaplaincy Centre, BGH



# COMING UP...

## BUDDIES FORCED TAE TAKE A BREAK

It is with great regret that we have had to cancel May and June's Buddies meeting in Gala, this is due to the fact that Wetherspoons in Galashiels is shut due to premises getting a face-lift! The venue closed the beginning of May and is scheduled to reopen July.

We will be back there on the second Tuesday in September, jeez that seems ages away! But we're sure it will be worth the wait.

We wish Daredevil Buddy Elizabeth Johnston all the best for her July abseil, and look forward to seeing hubby Jackie's photos of the gig.

## THIS IS A FIRST FOR ME

Well this is a first for me, Peebles always seems to come up with fund-raising firsts, the first belly dancing fund-raiser, first Borders branch recipe book, and now the first channel swimmer. On 20<sup>th</sup> June Caroline Connor will swim the English Channel to raise funds for Parky.

Caroline from Peebles, whose father Raymond has Parkinson's, is swimming the channel after a lot of training, if you would like to sponsor Caroline, see Gary at any of the meetings as he will have a sponsor form with him. Alternatively, if you search Caroline Connor at [uk.virginmoneygiving.com](http://uk.virginmoneygiving.com)

It's not far away so we would like to wish her all the best with her swim.

## FISH TEAS FOR ALL

Well we can exclusively reveal that this year we are going to visit Eyemouth for a fish tea, consisting of haddock, chips, mushy peas, bread an tea/coffee.

All this takes plaice (get it fish tea, plaice!!). All this takes place on Monday 24<sup>th</sup> June, the fish tea is booked for 1pm., with the bus departing for home, leaving Eyemouth at 1500 Hours, (3 O'clock). That might give you 30 mins to walk off yer tea on the promenade.

Unfortunately for our Peebles Gang our transport company has changed, and we are now using Telfords Of Newcastleton, so we are unable to pick up in Peebles, sorry.

Pick up points and rough times will be

**'The Haugh' Hawick-10.00,  
Volunteer Hall, Galashiels-10.20  
St. Boswells Bus Station-10.40**

Members of Newcastleton/Langholm can pick the bus up at Newcastleton if so desired, please let us know when you're booking seat.

The cost of the day is nowt, nothing, it's free. It is the chance to go out with fellow Parkys to the seaside.

We have 30 spaces available, if you would like to reserve a seat on the 2019 trip just let either Gary Hattie Or Alan Robertson know your name, how many, and your chosen pick up point.

You can get Gary on 01750 22588, 07906 527 682, [Garyhattie1@gmail.com](mailto:Garyhattie1@gmail.com) ,  
Or Alan on 07498 051 071,  
[Alanrobertson@hotmail.com](mailto:Alanrobertson@hotmail.com) .

Fingers Crossed Fur Guid Weather!

## CARERS MEETING UPDATE

Sometimes to get something off the ground you just have to go for it, which is what Agnes Waldie is doing with the Carers Meetings. Agnes says 'to get this off the ground the best plan to initially meet on Monday group days. Carers, wives, husbands to meet at Chaplaincy Centre same time as the meeting after the summer break.'

Agnes goes on to say, 'caring, living, loving someone with Parkinson's can be difficult, have its challenges, sometimes just to speak about it with somebody might help or maybe some practical advice is what you need.'

Watch this space in the meantime if you'd like to chat to Agnes about this you can get her on 07908 330 443



GARYS PEG PINNY MAKES HIM FASTEST WASHING HANGER UPPER AN TAKER DOONER IN THE BORDERS ALLEGEDLY, THANKS TO THE FOLK OF WALKERBURN CRAFT CLUB, CRAFTS4U

## MORE INFORMATION

**We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.**

**For more information, contact Gary Hattie  
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[jeffilbr@sky.com](mailto:jeffilbr@sky.com) to recieve you  
newsletter by email.**

**Free\* confidential helpline 0808 800 0303.**

Monday to Friday 9am–8pm, Saturday 10am–2pm. Interpreting available. Text phone 0800 111 4204.

\*calls are free from UK landlines and most mobile networks.

Visit us online at [parkinsons.org.uk](http://parkinsons.org.uk)  
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