

OUR NEWS

<p>Scottish Borders Branch www.bordersparkys.org.uk</p>	<p>January 2020</p>	<p>Written By Gary Hattie</p>
<p>HAPPY BIRTHDAY TO THE BORDERS PARKY GROUUUUUUUUUUUPPPPPPP! HAPPY BIRTHDAY TO US!!</p>	<p>2019 PANTO WELL DIDN'T THAT GO WELL!!! OH YES IT DID!!</p>	<p>BORDERS PARKY'S WHAT'S ON GUIDE DIARY DATES</p>
<div data-bbox="240 810 362 934" data-label="Image"> </div> <p>Well I cannae think oa a better way to start a Newsletter than to wish us a Happy Birthday. AYE, the group is oa fish ally 20 years old this month! It was the last Monday in January 2000 that the group kicked off Parkinson's Disease Society Borders Branch was born. Meeting in the Committee Room in Administration at the Borders General Hospital, on the last Monday oa the month. Aye yer right 20 years ah've been writing this Newsletter, after an initial letter was sent out to Parky's we had met, after touring the Scottish Borders visiting toons over the previous year with MRU driver...Mike McHattie (no relation, that was really his name) and the Mobile Resource Unit (the big blue horse box MRU) talking to folk we met along the way. Unfortunately, there was a need for it.</p> <div data-bbox="215 1471 387 1585" data-label="Image"> </div> <p>Mike McHattie welcomes folk to the MRU There is a story to be told here, but I will save it for you. Later in the year we hope to have a slide show evening to see pics from the last 20 years. An hear about the history of the group. But in the meantime if you have a photo from your time with the group you'd like us to share with everyone send it to garyhattie1@gmail.com. Well I just wanted to start the year with a bang!!! Any excuse furra party!!! So, go make yer cuppa tea an when ye return ah'll get started wi yer first newsletter oa 2020.</p> <p>OH, AYE PLEASE CHECK DATES FUR YER DIARY SECTION THERE ARE A COUPLA OF VENUE CHANGES TO CUPPA ANA CHAT MEETINGS IN PEEBLES AN HAWICK!</p>	<p>Well the panto day out never goes without any drama, oh no it doesn't oh yes it this year we were on the bus heading to the Juniper Lea on approaching Soutra, this almighty BANG!! was heard, as Billy Connolly would say, 'What the £\$&@ was that!!' We weren't too convinced about the driver's explanation oa it's ok we just hit a pothole, especially when we could hear a rattling noise up the back, that along wi' the smell oa smoke. The reason one of the rear tyres had had a blow oot!! See pic below!</p> <div data-bbox="697 1128 866 1285" data-label="Image"> </div> <p>Fair play to the driver who got us to the Juniper Lea on time, an then spent the next 15 minutes on the phone frantically trying to get oor bus sorted. Which he did and so did Telfords oa Newcastleton! Hurrah!! By the time we had finished oor fish an chips we found another coach had arrived, as had a guy wi' his puncture repair kit!! An we wuiz off, on schedule if no cutting it a bit fine wi time which is expected from us on Panto day, well panto day would nae be the same wi' oot a bit oa excitement. Everyone had a great day especially as on arrival at the Kings Theatre we all saw the figure oa Magic Bob an Joyce. It was great to see them. the Panto was fab, especially so when we all saw that Andy Gray had returned from his recent illness. Ted was bit nervous when one oa the staff told him there was a handbag under his seat, an he wisnae to touch! As it turned out he was never more relieved to have Joan sitting beside him. All in all, a crackin' day was had by all, a big Thank You goes to GREGG'S THE BAKERS for funding this event again for the fourth year, roll on this year's panto which is, Answer at the end of this newsletter. P.S. Our day was even more enjoyable when Niki frae Niki's Bar in Gala fame presented the group with a cheque for our funds. Thank You Niki!</p>	<p>Thursday 16th January – 10am - 12pm Peebles Cuppa Ana Chat, Wetherspoons, Peebles</p> <p>Monday 20th January – 1pm - 3pm Langholm Cuppa Ana Chat, Thomas Pope Hospital, Langholm</p> <p>Monday 27th January – 1pm - 2pm Committee Meeting, Chaplaincy Centre, BGH</p> <p>Monday 27th January – 2pm - 4pm Chaplaincy Monday Meeting, Chaplaincy Centre, BGH, Annual AGM</p> <p>Wednesday 29th January – 2pm - 4pm Hawick Cuppa Ana Chat, Cafeteria, Leisure Centre, Hawick</p> <p>Tuesday 11th February – 6.30pm - 8pm Buddies Meeting, Wetherspoons, High Street, Galashiels</p> <p>Wednesday 12th February – 2pm - 4pm Kelso Cuppa Ana Chat, Kelso Community Centre, Abbey Row, Kelso</p> <p>Wednesday 27th November – 2pm - 4pm Hawick Cuppa Ana Chat, Frank Scott Court, Hawick</p> <p>Monday 17th February – 1pm - 3pm Langholm Cuppa Ana Chat, Thomas Pope Hospital, Langholm</p> <p>Thursday 20th January – 10am - 12pm Peebles Cuppa Ana Chat, Wetherspoons, Peebles</p> <p>Dance for Parkinson's – 11.15am - 1.15pm Eastgate Theatre, Peebles</p> <p>Thursday 16th January Thursday 23rd January Thursday 30th January Thursday 06th February Thursday 13th February Thursday 20th February</p>

COMING UP...

MONDAY MEETING

Just to let you ken, the first Monday meeting of 2020 will be on Monday 27th January 2-4. If you can make it, it would be greatly appreciated as this is our AGM, this will let you see what the group has done over the last 12 months, an what we plan to do in the next 12 months. As always Eileen will be there to relax you wi' her heed massages, and Jill will pop along clinics permitting. There will also be our special AGM tea an bikkys. We look forward to seeing you there.....

DANCIN' WITH PARKINSONS "YE ASKIN? AM ASKIN' WELL AM DANCIN'!!!!"

Just a reminder as if you need reminding that Dancing with Parkinson's is on every Thursday 11.15 to 1.15 in the Eastgate Theatre Peebles. Its free for person with Parkinson's, and £5 for their partner. There is also a chance to taste some cakes at the end of session and some tea/coffee. This activity is very well attended, come along on any Thursday an see whit the attraction is. Also, Rhiana Laws from Dance fur Parky and Scottish Ballet is going to come to the April or May meeting in the Chaplaincy (details in future newsletter) to give a wee intro to Dancin wi' Parky. Rhiana calls it a taster session, 'Ah cannae wait!'

CHRISTMAS PARTY 2019 JINGLE ALL THE WAY!!

The 2019 party was enjoyed by all who attended, an what a feed was put on by Niki, many thanks to her for the food she presented us with for the party. We wish we could say the same fur Gary as his speakers werenae working well, (aye! Neither was he) as he had to depart to go an pickup grand wains from school, an missed the pass the parcel, an the sing along. He apologises for quality oa music it was way, way, way, in the background, background music!!

Unfortunately, numbers were lower than usual due to cancellations, it acted as a guid reminder to us that Parkinson's doesn't go away just because its Christmas time, such is the nature of the beast. For those that could nae make it we did miss you, an we hope you manage this year.

We had our bumper Christmas Raffle and we would like to thank everyone for their donations on the day, and for those of you who entered the raffle many thanks as it raised a fantastic £238 which was an amazing amount. THANK YOU!! The first prize this year was won by Mary Brown from Innerleithen, Mary is pictured below transporting her winning hamper home, congratulations Mary!!



As we said everyone had a great day and a great feed which saw Niki working frantically in the kitchen along with Niki we had an army of helpers, you know who you are, you came along and worked tirelessly on the day, it made a big difference on the day, THANK YOU!! If you were there on the day and enjoyed the food. Wait till here this!

We have to tell you that Niki and Norman from Niki's Bar supplied the food, **FREE OF CHARGE!!** ABSOLUTELY AMAZING!! THANK YOU VERY MUCHOS Niki an Norman!!!

NAE REST FUR THE WICKED!

Over the years I have found out that people don't stop fund-raising just because it's Christmas! Oh no. over the festive season well Sunday 29th December Jimmy Dee an me were invited to attend a fitba' match at Netherdale, organised by Raymond Hume an SFA Ref, from Gala. Raymond's father, the late Ian Hume was a member of oor Parky club furra few years. Well Raymond has an annual charity fitba match between the Fairydean an the Hotspur, for the Ian Hume Memorial Shield. Jim an me received a donation from them from funds raised at the fitty match over £1000!!! Wow! WE THANK RAYMOND AND HIS HELPERS VERY MUCH ON BEHALF OF THE GROUP FOR THE DONATION, AND THEIR HOSPITALITY, for what turned out to be a terrific afternoon for us, and Jim an Gary were nae playin' fitba although Gary says Jim Dee did hit the bar a few times after the match!?!?

DONATIONS RECEIVED

MARLENE HENDERSON, PAXTON AND 'THE FUNKY CHICKEN MUSIC FESTIVAL', PAXTON
MRS WILKIE, EARLSTON
MARGARET INGLIS, GALASHIELS,
COLLECTION AT THE FUNERAL OF THE LATE
ROBERT INGLIS
RACHEL MACKENZIE, EARLSTON AND
MARGARET HUNTER, ST. BOSWELLS
CO MCCOLL AND JOHN MACKAY PEEBLES
GREGGS THE BAKERS, EVERYWHERE
CRAFTS4U, WALKEBURN
NIKI OF NIKI'S BAR, GALASHIELS
RAYMOND HUME, GALASHIELS
HAWICK AND DISTRICT EVENTIDE HOMES
LIMITED, HAWICK
ALISON BROWN, CHIRNSIDE

THANK YOU!

MORE INFORMATION

We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

For more information, contact Gary Hattie
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E garyhattie1@gmail.com
jeffilbr@sky.com to recieve you newsletter by email.

Free* confidential helpline **0800 800 0303**.

Monday to Friday 9am–8pm, Saturday 10am–2pm. Interpreting available. Text phone 0800 111 4204.

*calls are free from UK landlines and most mobile networks.

Visit us online at parkinsons.org.uk
Drop us a line at

hello@parkinsons.org.uk

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'The panto 2020 is SLEEPING BEAUTY'