

OUR NEWS

Scottish Borders Branch

www.bordersparkys.org.uk

March 2021

Written By
Gary Hattie

HELLO RERR CHINAZ!!

Greetings everybody remember us!!! Yup we're yer local support group coming to you live from the Hattie Hoose here in Selkirk. Welcome to our Worldwide March Newsletter, if yer in France bonjour, Spain (sorry) Espinal hola, Australia gid day, the US of A hello!!! Wherever you are reading this newsletter we bid you welcome. Why all the fuss? Well, it is 'World Parkinson's Day on the 11th of April, an we wanted to do oor bit an say hi to everyone! Read more about what they're doin' to mark this event in yer newsletter.

We hope you are behaving yersels out there. What a quick year it's been this time last year or 12 months ago (ah cannae mind which) I was telling you all about what a crackin time Ted, Jim an Gary had as we held our first meeting in Coldingham. Then the Lockdown started and everything else stopped.

Well, ah've got ma vaccination this week, have you had yours? Also, we have put a wee quiz together just fur fun! It's no fur the Parky Brain oa the Borders Cup, but it's a quiz an that's got to be better than no quiz!!

Also we (wi a little bit oa help from Alice Hall oor Volunteer Co-ordinator) are gonnave a Borders Branch Zoom meeting on Thursday 11th March at 2 pm, more details in the newsletter. So, what are you doing to beat the boredom of the lock doon? Why not share it with the group? So, ah'll say hi an bye, yer kettle should be boiled by now. Enjoy yer reading.

ZOOM MEETING

ZOOM who hadda hit with that tune in 1982?

But if I can be serious for just a minute or two, we havenae seen one another for quite some time, and this seems the way to do it. Alice Hall has arranged a Zoom meeting for our group, just the Borders Branch. The meeting details are.....

Date Thursday 11th March 2021
Time 2pm
ID to Join Zoom Meeting –
94177188774

You can access a zoom meeting if you have a desktop or laptop computer, a tablet (no not the sweet stuff), an android phone or an apple device. If you want to join the meeting but are no too sure about Zoom, if you email Gary he will send you a link to Parkinson's Scotland Users Guide. It would be great see some familiar faces coz it's been a while. If you're having difficulties with zoom, I'm sure if you email Alice she'll be able to help, ahall@parkinsons.org.uk am afraid Gary's a bit oa a dinosaur when it comes to this subject.

Answer to zoom question was Fat Larry's Band

- Quiz Answers
1. A-Yes
 2. C-Sunday Post
 3. C-A bucket
 4. B-I1
 5. B-Harry
 6. A-10
 7. C-Auchinshoogie
 8. C-The But n Ben
 9. B-Primrose
 10. D-Horace
- Jings crivens an help ma boab how did you get on?

BORDERS PARKY'S WHAT'S ON GUIDE

WORLD PARKINSON'S DAY 2021

This year World Parkinson's Day will be on Sunday 11th April, and Parkinson's Scotland is suggesting we try and decorate our windows for the day or evening. Ah'll let them explain!

This year we want you to light up for Parkinson's in your own home. Could you decorate your window to raise awareness? Or dig out a candle or fairy lights to light up your window or garden? Maybe you could encourage your neighbours, friends, and relatives to join in. Here are some photos of the fab ways you supported us from home last year for inspiration. We'd love to see more people join in this year.

Gathering may not be possible - but we can remain together, apart in Scotland this World Parkinson's Day!



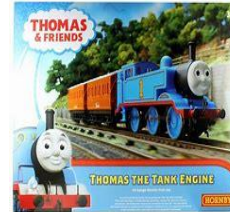
COMING UP...

WHAT ARE YOU UP TO DURING LOCKDOWN?

So how have you survived during lockdown, have you started a new hobby, or an old hobby, are you exercising? Share your survival tips with the rest of us just email how you have survived

How has Gary survived lockdown? Well Hilary thought she'd won a prize when I started clearing the attic out! Little did she know I'd asked Santa for a Hornby electric train set! Seeing as I'd behaved during lockdown Santa granted his wish.

Now if you phone Gary an he doesn't answer he's no ignoring you; it'll be coz he's up in the attic, working on his layout building hills an stations on his new choo choo set, or on his computer bidding for trains an stuff on eBay, at least he's happy!!



So, what are you up to?

OOR WULLIE AND THE BROONS LIMITED EDITION QUIZ



1. DOES THE LOCAL BOBBY PC MURDOCH HAVE -A MOUSTACHE?

- A. YES
- B. NO

2. WHAT SUNDAY NEWSPAPER WILL YOU FIND THE BROONS AN OOR WULLIE IN?

- A. SUNDAY MAIL
- B. SCOTLAND ON SUNDAY
- C. SUNDAY POST

3. WHAT WOULD YOU NORMALLY FIND OOR WULLIE SITTING ON?

- A. A CHAIR
- B. A RECLINER
- C. A BUCKET

4. HOW MANY BROONS ARE THEY?

- A. 9
- B. 11
- C. 13

5. WHAT IS THE NAME OF OOR WULLIE'S DOG?

- A. YELLER
- B. HARRY
- C. GNASHER

A WEE LOCKDOON QUIZ



6. THE BROONS LIVE IN GLEBE STREET BUT WHAT IS THE CLOSE NUMBER?

- A. 10
- B. 8
- C. 5

7. NAME THE TOWN OOR WULLIE COME FRAE?

- A. HAWICK
- B. GALA
- C. AUCHINSHOOGLE

8. WHERE DO THE BROONS SPEND THEIR SUMMER HOLIDAYS?

- A. MENORCA
- B. A MUCKLE BIG VILLA IN SPAIN
- C. THE BUT 'N BEN

9. NAME OOR WULLIE'S GIRLFRIEND?

- A. BETTY
- B. PRIMROSE
- C. AGNES

10. NAME THE INTELLIGENT CHILD IN THE BROONS FAMILY?

- A. HORACE
- B. HORACE
- C. HORACE

MORE INFORMATION

We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

For more information, contact Gary Hattie
T 01750 22588, (07906527682)

E garyhattie1@gmail.com
jeffilbr@sky.com to receive your newsletter by email.

Free* confidential helpline **0808 800 0303**.
Monday to Friday 9am-8pm, Saturday 10am-2pm. Interpreting available. Text phone 0800 111 4204.

*calls are free from UK landlines and most mobile networks.

Visit us online at parkinsons.org.uk
Drop us a line at hello@parkinsons.org.uk

Parkinson's UK is the operating name of the Parkinson's Disease Society of the United Kingdom. A company limited by guarantee. Registered in England and Wales (00948776). Registered office: 215 Vauxhall Bridge Road, London, SW1V 1EJ. A charity registered in England and Wales (258197) and in Scotland (SC037554).

© Parkinson's UK, January 2010

DISCLAIMER

Though we try to get all information correct sometimes we, ok, Gary, gets it wrong, for all those deliberate mistakes Gary apologises, an thanks you for your help in spotting them!