OUR NEWS

Scottish Borders Branch

www.bordersparkys.org.uk

September 2021

Written By Gary Hattie

ALAN ROBERTSON 1959-2021

We begin this newsletter with some very sad news. Unfortunately, over the summer we lost our Chair Alan Robertson to Covid-19. He was admitted to hospital in June and on 27th July he sadly passed away.

Alan joined the group when it was in its 5th year, and four years later he put his name forward to the committee, when the group was looking for a chairperson and was in that position ever since. He was ever present at the meetings in the Chaplaincy Centre and helped Anne to get the Cuppa ana Chat meetings up an running in Newcastleton, and also helped Rob set up the meetings in Langholm. He was a big supporter oa the 'Walkin' Fitba', and you would always see Alan's name on the teamsheet as a player for the Parky Borders team, which he started in Newcastleton an attracted members from Langholm an Hawick.

Our thoughts go to his daughter Molly at this difficult as she comes to terms with losing her father.

In the 21 years I have done these newsletters I strive to keep it upbeat, and I try to focus on positive news. Since this Pandemic an Lockdoon started we have lost far too many members here in the Borders! One is classed as too many, but there has been a few an it might be nice to take a wee 'Time-Out' to remember those we have lost, and their families who they have left behind. We have lost members, but more importantly there are group members out there who have lost those closest to them but were unable to give them a proper send-off due to restrictions that had been put in place due to the pandemic.

Gary Hattie XXX

MEETING UPDATES

We're sorry but there is no change to the current situation. Unfortunately, we have no information for the restart of meetings, it does appear that things are getting back to normal state, we don't want to appear complacent, and we feel there is still too much oa a risk to people's health. So sorry again!!!

We thought we would remind you of Agnes's offer in the last newsletter she sent us an email she was thinking that over the last year carers might like a chat or a bit of support. Agnes was wondering if there were any carers who are feeling a bit stuck and just need a chat remember she would be happy to chat on the phone, or hopefully in the future, maybe meet up for a coffee and a chat."

If this appeals to you, you can get in touch with Agnes on 01896 823 015 or email her on agneswaldie@gmail.com

BORDERS PARKY'S WHAT'S ON GUIDE

DATES FOR YOUR DIARY

Monday 27th September – Zoom Meeting 2 pm

October 2021 – Branch Newsletter

THANK YOU

We would like to thank the following for donations received to the group

Jennifer Brown, Innerleithen from a collection at the funeral of the late Mary Brown

Ann Chisholm, Hawick from a collection at the funeral of the late Bill Chisholm

Walkerburn CRAFTS4U, proceeds from annual raffle

Mrs Evelyn Gordon, Galashiels from a collection at the funeral of the late Derek Gordon

Eventide Homes, Hawick

COMING UP...

EUROPEAN CHAMPIONSHIPS

We're sure you were all cheering on Scotland during the recent European Fitba' Championships. Well one of our members was unable to travel to the fanzones in Edinburgh and Glasgow, decided to hold a fanzone in Selkirk!! Can you spot who it was cheering on Scotland with his neighbours in the pic below as the buses arrived with mair supporters?

WHAT HAVE YOU BEEN UP TO DURING THE PANDEMIC?

We asked the question in recent newsletters what have you been up to during the pandemic? We also asked you to send us a pic of what you have been doing Can you spot who we caught giving a bench an new coat oa paint, in the garden at Cornmill Court, Galashiels answer



If you'd like to share what you been up to don't be shy, send yer photo to Gary at the Newsletter, garyhattie1@gmail.com

SEPTEMBER ZOOM MEETING

It was great to see everyone at the last Zoom meeting in August. Though it did finish a wee bit earlier than we had planned. Gary apologises to everyone present for his sharp exit! This was due to us over running the allowed time!! Sorry, but fear not zoomers, Gary is planning to make amends and below we have details for this month's meeting, your invite can be found below:

Gary Hattie is inviting you to a scheduled Zoom meeting.

Topic: Parkinson's UK Borders

Branch Meeting

Time: Sep 27, 2021, 02:00 PM

London

Join Zoom Meeting https://us04web.zoom.us/j/733 45978024?pwd=Nkxaa1dlUHl3 S214Z2JvNWJrM0VqUT09

Meeting ID: 733 4597 8024

Passcode: rxb5zJ

AN UPDATE ABOUT PARKY SUPPORT AT BGH

COVID has impacted hugely on the way the Parkinson's clinics are being run. As a service we appreciate how patient you have all been over this difficult period. The number of clinics has greatly reduced as has the number of patients who can be seen in a clinic due to social distancing and time required to clean clinical areas between patients. We are hoping to increase clinic capacity when we are able to do so safely.

We no longer have the Day Hospital as a base however contact details remain the same. Jill's telephone number is 01896 827025 which has a voice mail facility to leave a message at all times. Please, if leaving a message include your name, date of birth and a contact number.

Please do not contact other patients or committee members to ask them to contact the service on your behalf please use the number to contact Jill. When Jill is not working the voicemail is not monitored and your message will be picked up when she is next on duty.

We thought we would re-run this article from Jill for you as it is an important reminder of where we are

MORE INFORMATION

We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

For more information, contact Gary Hattie T 01750 22588, (07906527682)

E garyhattie1@gmail.com jeffilbr@sky.com to recieve you newsletter by email.

Free* confidential helpline **0808 800 0303.** Monday to Friday 9am–8pm, Saturday 10am–2pm. Interpreting available. Text phone 0800 111 4204.

*Calls are free from UK landlines and most mobile networks.

Visit us online at parkinsons.org.uk
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DISCLAIMER

Though we try to get all information correct sometimes we, ok, Gary, gets it wrong, for all those deliberate mistakes Gary apologises, an thanks you for your help in spotting them!