

OUR NEWS

Scottish Borders Branch

www.bordersparkys.org.uk

January 2022

Written By
Gary Hattie

HELLO AND WELCOME TO 2022!



Cannae believe it's 2022 already, hope you have all sobered up after yer New Year celebrations. Hope you all hadda great Christmas and Santa was guid to you!!!! He was def good to me! Welcome to the first newsletter of the year. Struggling to find bits an bobs to share with you all. We hope the bits an bobs we have found for you help in some way to let you know we're still here.

In this newsletter you can read about who won first prize in the annual Crafts4U Christmas Raffle. Find out whats happening with the Dancing with Parkinson's. An update on meetings and whats going on in the Scottish Borders, with the group.

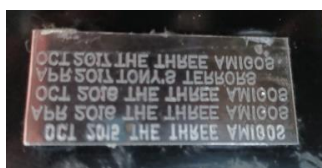
It seems ages since our last communication to you, it's guid to be back. So, sit back relax with a cuppa an yer newsletter!

GORDON MELROSE PARKY BRAIN OA THE BORDERS CUP

Just to keep you up to date, our Quiz Cup is back from the engravers and is updated, maybe in time for an April Quiz? Who knows?



Can we just say a big thank you to, 'The Trophy Guy' in Galashiels who has done all the engraving free of charge, can we just say it didnae take him 2 years. (Dinnae change eh Gary!)



Whose team name is going to be on the trophy in April.

IT COULD BE YOU!

BORDERS PARKY'S WHAT'S ON GUIDE

DATES FOR YOUR DIARY

MS Society Exercise Class
Mondays 11.30am – 12.30pm
Teviotdale Leisure Centre,
Hawick

Every Thursday Dancin' fur
Parkinson's Eastgate Peebles
11.30am - 1.00 pm



***We would like to send
A BIG THANK YOU to
Hawick and District
Eventide Ltd, for a
recent donation, made
to the group.***



COMING UP...

CRAFTS4U CHRISTMAS RAFFLE

John Dickson won the 'Handmade Quilt' first prize, from Cornmill Court in Galashiels. The winning ticket sold by Tony Taylor! Thank you to all concerned at the Crafts4U in Walkerburn for their continued support.



PANTO NEWS

We have received details of this year's pantomime at the Kings in Edinburgh. Usually, they have the panto season starts the beginning of December, but the panto season isn't starting till 17th December, we are going to try and get booked for the Tuesday 20th ~~mat, mattin, mattiney~~. Afternoon show at 2pm. We are gonnae try for 20 tickets for that performance. We will keep you posted about the day out. The day will include lunch this is just a heads up, no bookings taken yet, we will announce details as we get them.

DANCING WI' PARKY

The 'Dancing with Parky' is starting up their new season, or by the time you get this it will have started, **sorry**. But everyone is welcome to come along. We have a photograph of everyone at the Christmas session, take note we all look so happy! An not a too too in sight!!

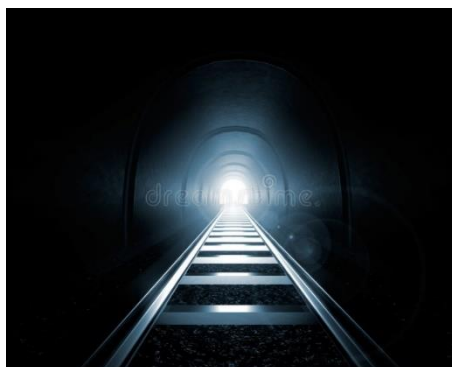


Can we just say a big thank you to Rhiana, Alex, and Robert from Scottish Ballet for all they are doing for the class an everyone attending? The energy in the room at the Christmas session was amazing by-the-way!!

Back to the present day, if you want to come along you will be made more than welcome, if you think you fancy coming along dinnae be shy. The sessions start again on Thursday 13th 11.30 to 1.00. The cost is £5 for Parky's with carers free (I think??). An will be on a weekly basis every Thursday same time same place the Eastgate Theatre, Peebles.

MEETINGS UPDATE

We were hoping to bring you guid news about meetings starting up in the Chaplaincy but with all that's still going on, we don't think it is wise and will continue to follow guidelines from government and Parky UK. Hopefully the next couple of months will see us starting meetings again, again we will keep you posted In the Newsletter if and when it will be safe to do so.



**What is that I see, is it light at the end
of the tunnel!!
You never ken!!**

MORE INFORMATION

We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

For more information, contact Gary Hattie
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E garyhattie1@gmail.com
jeffilbr@sky.com to recieve you newsletter by email.

Free* confidential helpline **0808 800 0303**.
Monday to Friday 9am–8pm, Saturday 10am–2pm. Interpreting available. Text phone 0800 111 4204.

*Calls are free from UK landlines and most mobile networks.

Visit us online at parkinsons.org.uk
Drop us a line at hello@parkinsons.org.uk

Parkinson's UK is the operating name of the Parkinson's Disease Society of the United Kingdom. A company limited by guarantee. Registered in England and Wales (00948776). Registered office: 215 Vauxhall Bridge Road, London, SW1V 1EJ. A charity registered in England and Wales (258197) and in Scotland (SC037554).

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DISCLAIMER

Though we try to get all information correct sometimes we, ok, Gary, gets it wrong, for all those deliberate mistakes Gary apologises, an thanks you for your help in spotting them!