

OUR NEWS

Scottish Borders Branch

www.bordersparkys.org.uk

September 2022

Written By
Gary Hattie

HI FOLKS WE'RE BACK!

So that's summer officially over, it must be, because your newsletter is back. We hope you are all keeping well, and managed to catch some of the summer sunshine.

This newsletter contains details of pantomime booking details, also can you help us with our search for volunteers and all you cake makers out there, 'We want you!' for a special charity event that's going on in the beginning of October.

Also, in this newsletter find what's on and what's not in the Scottish Borders.

So, it's good to be back, please enjoy your newsletter.

MEETINGS

We are waiting for confirmation from a couple of venues for starting up meetings again, we hope to confirm them in next newsletter. But for September we will be in the chaplaincy at the BGH on Monday 26th September 2pm - 4pm.

Also, we can confirm Hawick meeting in Frank Scott Court on Wednesday 28th September also 2pm - 4pm. All are welcome to attend and join us with a cuppa and a chat.

WOULD YOU LIKE TO HELP YOUR SUPPORT GROUP

Before we left you for the summer break, we told you we were looking for volunteers to join us as we look to the future as we strive to offer support in any way, we can to people living with Parkinson's in the Scottish Borders.

Since we had our last appeal, we would like to welcome, Irene Trench from Stow and Francis Graham from Galashiels, to our sort of Group Committee! Many thanks for your offer of help, it is very much appreciated.

If you would like to help out the group and join the gang whether you are a Parky or a carer just let Gary know of your interest.

MOREBATTLE COFFEE MORNING

You may remember Angela Cook was organising a Coffee Morning way back in May of this year. Well Gary finally caught up with Angela in Kelso where he was presented with a cheque for an amazing £770 for the group here in the Scottish Borders. In the photo Gary is seen being presented with the cheque from Angela. Thank you very much Angela for all your hard work.



BORDERS PARKY'S WHAT'S ON GUIDE

DATES FOR YOUR DIARY

Monday 26th September –
2pm - 4pm

Chaplaincy Monday Meeting,
Chaplaincy Centre, BGH

Wednesday 28th September –
2pm - 4pm

Hawick Cuppa and Chat,
Frank Scott Court, Hawick

Every Wednesday –
2.45pm

Live Borders Exercise Class
Tri-Fitness, Galashiels

Contact Paul Davis
(07458040481)

pdavis@liveborders.org.uk

Every Thursday –
11.30am – 1.00pm
Dance for Parkinson's,
Eastgate Theatre, Peebles

Every Friday –
10.30am
Live Borders Yoga Class
Old Gala House

Saturday 22nd October –
10am - 4pm
Crafts4U Exhibition,
Memorial Hall, Innerleithen.
*Raffle Tickets for Christmas
Quilt will be available.*

COMING UP...

ACTIVITIES AFTERNOON

Oor treasurer Gordon Allan has been making enquiries with Langlee Community Centre about the possibility of having a coupla hours, morning/afternoon of sporting activities. Activities being considered include Badminton, Table Tennis, Carpet Bowls, Scrabble, Walking Beat the Goalie, Snap, Snakes an Ladders. The morning/afternoon would be once a month furra couple of hours, maybe in the morning, maybe the afternoon we need to hear what you think, would you be interested? If you fancy it let Gordon or Gary know of your interest or thoughts Gordon can be got on 07985 650 472 or email gordon489allan@outlook.com Gary can be got on 07906 527 682 or email garyhattie1@gmail.com They look forward to hearing from you!

PANTOMIME DETAILS ARE HERE 'OH NO THEY'RE NOT!' 'OH YES THEY ARE!'

I can now tell you details for Panto 2022. We are booked in for 2pm show on Tuesday 20th December. This year the panto is 'Snow White and the Seven Dwarfs.' The Pantomime this year will be held in Festival Theatre not the Kings. We are planning to stop for a fish supper lunch, the transport will be provided with pick up points to be confirmed later. If you would like to go to the pantomime let Gary know of your interest, the spaces go quickly so don't delay call Gary today or text 07906 527 682. Once all seats are taken, we will have an emergency list for any cancellations.

PRESENTS GALORE 2022

Following the article in the June Newsletter looking for help with an event in Kelso organised by Susan Forster. Anne Chisholm, Hawick arranged a meeting with Susan, was attended by Gary, Michael from Bonchester, Rhona an Susan from Jedburgh.

To give you a wee background. Presents Galore is organised by Susan Forster from just outside Jedburgh. She started this annual event 28 years ago. Originally held at Kelso racecourse it is now held in Springwood Park Kelso.

It runs on Monday evening 3rd October 6-8.30 entry by ticket you will receive a glass of wine and canapes. Tuesday 4th October 10-3.30 pays at door. The event has over 50 stalls with gifts ok presents galore. A guid chance to shop for Christmas Gifts. In 28 years of Presents Galore Susan has raised over £200,000 for local charities.

This year the 3 chosen charities, 'The Injured Jockeys Fund', 'M.S. Society', and ourselves Parkinson's UK Borders Support Group'.



How can you help?

3rd October-On the Monday evening 6pm -8.30pm, we are looking for 4 volunteers to help out on the Home Baking Table, also a couple of people to help give out Canapes.

4th October-On Tuesday we are looking for 4 volunteers to help out on the Home Baking Table 10-3.30.

Finally, we are looking for home-baking, from all you bakers out there if you're near Kelso you could drop it off, or if you need it picked up call Gary who will arrange pick up where possible.

To volunteer or offering to bake call Gary 07906 527 682, it would be great to get the volunteers and show our support for this event.



MORE INFORMATION

We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

For more information, contact Gary Hattie
T 01750 22588, (07906527682)

E garyhattie1@gmail.com
jeffilbr@sky.com to recieve you newsletter by email.

Free* confidential helpline **0808 800 0303**.
Monday to Friday 9am-8pm, Saturday 10am-2pm. Interpreting available. Text phone 0800 111 4204.

*Calls are free from UK landlines and most mobile networks.

Visit us online at parkinsons.org.uk
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DISCLAIMER

Though we try to get all information correct sometimes we, ok, Gary, gets it wrong, for all those deliberate mistakes Gary apologises, an thanks you for your help in spotting them!